



ONLY: SPA & WELLNESS

Spa Packages

1. De-stress Path.

(stress relief, release tension, relax)

This soothing journey of spa facilities is a great option to achieve an optimal state of deep relaxation, reduce stress levels and bring harmony between body & mind.

- Check in
- Shower
- Sauna 10'
- Snow Bliss
- Relax on the Water Loungers(jacuzzi) 10'
- Stonebath 20'
- Steambath 10'
- Shower
- Relaxation Area
- Steambath 10'
- Water Loungers(jacuzzi) to relax and enjoy the view while having a refreshing-cold drink or tea 20'
- Back, shoulder & neck massage 30'
- Relaxation Area

Duration: 3h.
Price: 95€

2. Detoxifying Path.

(purify, slim, anti-cellulite)

A combination program of specific spa facilities and body treatments to achieve elimination of toxins, activate blood circulation and offer slimming and anti-cellulite effect. Provides skin with smoother and firmer appearance.

- Check in
- Shower
- Sauna 10'
- Snow Bliss
- Relaxation Area with detox tea
- Stonebath 20'
- Sauna 10'
- Shower
- Therapeutic massage 60'
- Relaxation Area

Duration: 3h.30min.
Price: 125€

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3. Post Workout Path.

(Release muscle tension, uplift, renew)

Relax your sore muscles with this program to promote a quick and healthy workout recovery. Using the suggested thermal path which is accompanied by a sport or deep tissue massage allows to reduce pain, increase blood circulation & oxygen in the body, preserve muscle strength and thus enhance the muscle recovery process.

- Check in
- Shower
- Steambath 10'
- Shower
- Sauna or 10'
- Snow Bliss
- Stonebath 20'
- Steambath 10'
- Shower
- Relaxation Area with a refreshing-cold drink
- Kraxenofen 10'
- Sport massage or Deep Tissue massage 60'
- Relaxation Area

Duration: 3h. 30min.

Price: 150€

4. Muscle Relief Path.

(unblock stiff muscles, ease pain, improve musculoskeletal disorders)

Relieve yourself & improve your physical and mental state in times of body & mental fatigue with our guided use of spa facilities. The program continues with a Therapeutic massage to alleviate any muscle pain, while stimulating circulation and enhancing your overall wellbeing.

- Check in
- Shower
- Sauna 10'
- Snow Bliss
- Steambath 15'
- Shower
- Relaxation Area with cold drink or hot tea
- Stonebath 20'
- Sauna 10'
- Shower
- Kraxenofen 20'
- Therapeutic massage 60'
- Relaxation Area

Duration: 3:30h.

Price: 165€

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5. Cold Recovery Path

(Unblock, decongest, aid breathing)

Select this special program for a soothing and invigorating effect which helps treat colds, & unblock the respiratory passages.

- Check in
- Shower
- Sauna 15'
- Shower
- Relax Area with hot tea
- Stonebath 20'
- Steambath 15'
- Shower
- Relaxation Area with hot tea
- Kraxenofen 30'
- Therapeutic massage 60'
- Relaxation Area

Duration: 3h. 40min
Price: 175€

6. Holistic Wellbeing Path.

(relax, unwind, regenerate)

Enjoy the ultimate wellbeing experience, escaping from daily stress routine & indulging into a divine enjoyment of the senses. After using our unique spa facilities, our therapist offers a revitalizing body massage in combination with a refreshing facial treatment to rebalance body, mind and spirit.

- Check in
- Shower
- Steambath 10'
- Shower
- Relaxation Area with cold drink or tea
- Sauna 10'
- Snow Bliss
- Water Loungers(jacuzzi) with cold drink or tea 15'
- Stonebath 20'
- Steambath 10'
- Shower
- Kraxenofen 10'
- Shiatsu or Therapeutic massage 90'
- Relaxation Area

Duration: 4h.
Price: 190€

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7. Fun time.

(enjoy-release and relax)

Free use of spa facilities and gym, anyway and as much as you want according to your needs and mood:

The spa facilities are as follows: Sauna, Steam Bath, SnowBliss, Stonebath, and Whirlpool (jacuzzi).

For massage treatments are offered at an extra charge. Advance booking, at least 2 hours, is highly recommended to guarantee your preferred treatment and time.

Duration: 3:00h

Price: 50€

8. Be a member

- Membership is strictly personal, non-transferable
- Member should be over 18 years old
- Complimentary we pride you with tea&fruits
- Menu for food&beverages on a charge basis.

Facilities and Services included in the Membership:

- Usage of changing rooms (towels, robes, slippers and amenities provided)
- Unlimited use of Fitness Centre, 24/7 operation.

Usage of the Heat Experience area as follows:

- Finnish Sauna, Snowbliss and Steam Bath, Stonebath, Hydromassage and relaxation area:

Weekdays from 02:00 p.m to 8:00 p.m.

Weekends from 12:00 a.m. to 8:00 p.m.

- Usage of the Outdoor Pool (non-heated), outdoor jacuzzi (May-September) and Sunbeds at the basement from 8.00 am to 10.00 pm.



Duration: 1 Month

Price: 300€

8 Alyos Street,
ONLY TOWER, 19th floor,
4046, Potamos Germasogias,
Limassol, Cyprus

For Hotel Reservation:
T: +357 25 346 700
reservations@dtabooking.com

For Spa Reservation:
T: +357 25 346 777
M: +357 99 99 75 74
onlyspa@dtabooking.com

 onlyspaandwellness
 @only_spa_wellness

Please book your Massage treatment at least 2 hours in advance for your better convenience!